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Class: IV

Sub.tec: Naina paswan

Subject: SCIENCE

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BASED ON N.C.E.R.T PATTERN

CHAPTER: 10 SAFETY RULES AND FIRST AID

CHECK YOURSELF PAGE- 83

Ans 1. First aid is the first and immediate assistance given to any person suffering from either a minor or serious illness or injury, with care provided to preserve life, prevent the condition from worsening, or to promote recovery.

Ans 2. First aid is the first and immediate assistance given to any person suffering from either a minor or serious illness or injury, with care provided to preserve life, prevent the

condition from worsening, or to promote recovery.

Ans 3. Some things in your first aid box

- . 01/10 Must-have things in your first aid box.**
- ...**
- . 02/10 Antiseptic creams. ...**
- . 03/10 Adhesive bandages. ...**
- . 04/10 Tweezers. ...**
- . 05/10 Tape and sterile gauze. ...**
- . 06/10 Muscle pain spray or tube. ...**
- . 07/10 Pain relievers. ...**
- . 08/10 Thermometer and medicine for fever.**

Ans 4. First, clean the area of the bite with soap and water. After that, apply ice and it may reduce swelling. Also, avoid scratching the bite or the area around it as it may form an infection.

TO BE CONTINUE.....